

BUILD YOUR CHARACTER

Calmness is the ability to pull your energy inside yourself, breathe deeply and think clearly.

Courage is the ability to do the right thing even when it is difficult and you might get hurt.

Dependability is the ability to take care of your responsibilities on time.

Discernment is the ability to recognize the wisest course of action and the true character of people.

Faithfulness is the ability to keep your promises.

Forgiveness is the ability to let go of hurts and hope that people who harm you will learn to be good people.

Goodwill is the ability to hope good things happen for others even those you dislike.

Honesty is the willingness to tell the truth.

Humbleness is the ability to remember that others are important and valuable.

Humility is the ability to set aside the desire to be right and instead search for the truth.

Integrity is the ability to be honest and kind even when no one is watching.

Kindness is the ability to be gentle and thoughtful toward others.

Organization is the ability to arrange events and objects in a tidy and useful way.

Patience is the ability to cheerfully do what you should be doing right now while you wait for what you think you deserve.

Peacefulness is the ability to have faith that the future will be good even when the present is terrible.

Perseverance is the ability to keep your focus and keep going even when life gets difficult.

Resilience is the ability to pick yourself up and keep going even after disappointments.

Respect is the ability to treat people, places, things and ideas as valuable.

Responsibility is the ability to recognize and accept that which is within your own power.

Self-control is the ability to do what you should do no matter how you feel.

Tactfulness is ability to tell the truth in a way that is not hurtful.

Teachability is the ability to be open to new knowledge, skills, and ways of seeing the world.

Thoughtfulness is the ability to behave, without being asked, in kind ways towards others.

CHARACTER: FIND THE DEFINITIONS

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Calmness	Courage	Dependability	Discernment	Faithfulness
Forgiveness	Goodwill	Honesty	Humbleness	Humility
Kindness	Integrity	Organization	Patience	Peacefulness
Perseverance		Resilience	Respect	Responsibility
Self-control		Tactfulness	Teachability	Thoughtfulness

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